

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2	3 Dockers game from 18:10	4	5	6 Father's Day
	9:15 Walking Group 10:15 Seated Aerobics 10:45 Morning Tea 14:00 Denis's presentation (Theatre) 15:15 Individual visits	9:15 Walking Group 10:15 Ball exercises 10:45 Morning Tea 14:00 Pampering for L5/L6/L7/L8 	10:00 Anglican service (Theatre) 10:15 Noodle exercises 10:45 Morning Tea 14:00 Computer, tablet, mobile assist (Bring your own gadget)	9:15 Walking Group 10:30 Father's day morning tea 14:00 Happy hour with Beatles music (Restaurant) 	9:45 Individual Walking 14:00 Father's day Decoration / Craft 15:15 Individual visits	9:45 Father's presents 11:30 Songs of Praise (Theatre) 14:00 Father's Day afternoon tea
7 Hairdresser (AM)	8	9 Library	10 RUOK?	11	12	13
9:15 Walking Group 10:15 Ball exercises 10:45 Morning Tea 14:00 Number Bingo 15:15 Individual visits	9:15 Walking Group 10:15 Seated Aerobics 12:30 Men's BBQ (Courtyard) 14:30 Individual visits	9:15 Walking Group 10:15 Ball exercises 10:45 Morning Tea 14:00 Table game 14:00 Book club 15:15 Individual visits	9:15 Walking Group 10:30 R U OK day Morning Tea 14:00 Pampering for L2/L3/L4 15:10 Catholic service (Theatre)	9:15 Walking Group 10:15 Dumbbell exercises 10:45 Morning Tea 14:30 Happy hour with Matt Price (Restaurant) 	9:45 Individual Walking 14:00 Time in the Garden 15:15 Individual visits	9:45 Individual Walking 11:30 Songs of Praise (Theatre) 14:00 Time in the Garden 15:15 Individual visits
14 Hairdresser (AM)	15 CAB MEETING	16	17	18	19	20
9:15 Walking Group 10:15 Ball exercises 10:45 Morning Tea 14:00 Food focus meeting 15:15 Individual visits	9:15 Walking Group 10:15 Seated Aerobics 14:00 Consumer Advisory Body Meeting (Café Groud floor)	9:15 Walking Group 10:15 Ball exercises 10:45 Morning Tea 14:00 Knitting (Crochet) club 15:15 Individual visits	9:15 Walking Group 10:15 Noodle exercises 10:45 Morning Tea 14:00 Resident choice and Lost and Found Bazaar 15:15 Individual visits	9:15 Walking Group 10:15 Dumbbell exercises 10:45 Morning Tea 14:00 Happy Hour (Restaurant) 	9:45 Individual Walking 14:00 Table game 15:15 Individual visits	9:45 Individual Walking 11:30 Songs of Praise (Theatre) 14:00 Time in the Garden 15:15 Individual visits
21 Hairdresser (AM)	22	23	24	25	26 AFL Final	27
9:15 Walking Group 10:15 Ball exercises 10:45 Morning Tea 14:00 Number Bingo 14:00 Bus outing 15:15 Individual Visits 	9:15 Walking Group 10:15 Seated Aerobics 11:00 Resident and Relative Meeting 14:00 Folding laundry 15:15 Individual visits	9:15 Walking Group 10:15 Ball exercises 14:00 Ladies High Tea (Restaurant) 	10:30 Violin and Piano played by Vivienne and Tea (Reception) 14:00 Pampering for L5/L6/L7/L8 	9:15 Walking Group 10:15 Dumbbell exercises 10:45 Morning Tea 14:30 Documentary The birth of Fremantle dockers (Restaurant) 	9:45 Individual Walking 12:30 AFL on each floor TV 13:30 AFL watching (Theatre) 	9:45 Individual Walking 11:30 Songs of Praise (Theatre) 14:00 Table game 15:15 Individual visits
28 King's Birthday	29	30	King's Birthday Public Holiday RUOK?			
No Hairdresser this week 9:15 Walking Group 10:15 Ball exercises 10:45 Morning Tea 14:00 Number Bingo 15:15 Individual visits 	9:15 Walking Group 10:15 Seated Aerobics 10:45 Morning Tea 14:00 Move your body 15:15 Individual visits	9:15 Walking Group 10:15 Ball exercises 10:45 Morning Tea 14:00 Pampering for L2/L3/L4 	All Activities are conducted on Level 1, unless otherwise stated. Outdoor activities are weather permitting, if an activity is affected by the weather, an alternative will be offered indoors. If we go into a facility outbreak, the lifestyle team will offer individual visits. Your feedback is important to us, please speak to one of the lifestyle team or please complete a feedback form at our reception. Lifestyle staff may visit your room to assist in setting up new Swift TV as Individual visits.			