























NOVEMBER LIFESTYLE CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
PLEASE NOTE:					1	2
<ul style="list-style-type: none"> Chair exercise will now be happening on the floors. This can change under certain circumstances (i.e. short staff) all staff & residents will be informed as soon as any changes occur. Outdoor events/activities are weather permitting, if a specific event cannot go ahead there will be another activity in its place indoors. We will be having a Resident and Representative on 25th November. We encourage more families to attend If we have an infection outbreak, we will not be able to host the lifestyle program, however the lifestyle team will do daily individual visits. If you/ your loved one has been chosen to attend the bus trip, you will receive an email or memo before the trip. If you have any feedback regarding the monthly programs, please email lifestyle@thequeenslea.com.au, we encourage feedback either via feedback form or email. 					10AM Floor Games in Garden Room 11AM Karaoke in Café 1:30PM Head band Decorating in Garden Room 	10:30AM Walking Group and Coffee after 11:30AM Songs of Praise in Garden Room 1:30PM Sunday "Catch Me If You Can" Movie on each floor
3	4 MELBOURNE CUP	5	6 Hairdresser All Day	7	8	9
10AM Chair Exercise on each floor 11AM Bingo in café  2:15PM Music Appreciation – Andrea Bocelli	10AM Chair Exercise on each floor 11AM Matt Price Performance in Café 12:30PM Luncheon Melbourne Cup  3PM Individual Visit	10AM Chair Exercise on floors 11AM Teamific Global Quiz in Cafe 2PM Poppy Crafts in Garden Room  3PM Individual Visits 	10:30AM Church Service with Fr Peter Boyland 11AM Walking group 2:00PM Floor Games in Garden Room 3:00pm Individual Visits	10AM Chair Exercise on each floor 11AM Choir group in Café 11AM Poetry Club Garden Room 2Pm Bingo in Café  3PM Happy Hour in Café	10AM Floor Games in Garden Room 11AM Walking Group and Coffee after 1:30PM Poppy Crafts in Garden Room 	10:30AM Gardening 11:30AM Songs of Praise in Café 1:30PM Sunday "High Ground" Movie on each floor 
10	11 REMEMBRANCE DAY 	12	13 Hairdresser All Day	14	15	16
10AM Chair Exercise on each floor 11AM Bingo in Café 2:15PM Baking "ANZAC Slice" in Garden Room 	10AM Chair Exercise on each floor 11AM Remembrance Morning Tea in Café  1:45PM Ladies Club 3:00PM Walking Group	10AM Chair Exercise on each floor 11AM Sing-along in Café 2PM Table games in Garden Room 3PM Individual Visits	10AM Chair Exercise on each floor  11AM Quiz in Café 2:00PM Knit and Yap/ Color-in Garden Room 3:00pm Individual Visits	10AM Chair Exercise on each floor 11AM Choir Group in Café 2PM Walking Group 3PM Happy Hour in Café	10AM Floor Games in Garden Room  11AM Karaoke in café 1:30PM Fabric Collage in Garden Room	10:30AM Walking Group and Coffee after 11:30AM Songs of Praise in Café 1:30PM Sunday "Dating The Enemy" Movie on each floor
17	18	19	20 Hairdresser All Day	21	22	23
10AM Chair Exercise on each floor 11AM Bingo in Café 2:15PM Armchair Travel To Finland 	10AM Chair Exercise on each floor 11AM Sing-along in Café 1:45PM Ladies Club (Nail Salon & Chit Chat)  3:00PM Walking Group and 1:1 visits	10AM Chair Exercise on each floor 11AM Quiz in Cafe 1:30PM Floor Games in Garden Room 3PM Individual Visits	10AM Catholic Service with Fr. Garner 11AM Julie Gardner Performance in Café 2:00PM Walking Group and Coffee after 3:00PM Individual Visits	10AM Chair Exercise on each floor 11AM Choir Group in Café 11AM Poetry Club Garden Room 2PM Bingo in Café  3PM Happy Hour in Café	10AM Floor Games in Garden Room 11AM Walking Group and Coffee after 1:30PM Magazine Collage In Garden Room 	10:30AM Gardening 11:30AM Songs of Praise in Café 1:30PM Sunday "Hope Gap" Movie on each floor 
24	25	26	27 Hairdresser All Day	28	29	30
10AM Chair Exercise on each floor 11AM Bingo in Café 2PM Music Appreciation – Beethoven	10AM Chair Exercise on each floor 11AM Table Games in Garden Room 11AM Resident & Representative Meeting 2:30PM Ladies Club 3:30PM Walking Group	10AM Chair Exercise on each floor 11AM Sing-along in Café 2PM Flower arranging in Garden Room  3PM Individual Visits	10AM Chair Exercise on each floor 11AM Quiz in Café 2:00PM Knit and Yap in Garden Room 3:00pm Individual Visits	10AM Wellness with Jen  11AM Choir group in Café 2Pm Walking Group 3PM Happy Hour in Café	10AM Floor Games in Garden Room  11AM Karaoke in café 1:30PM Pom-Pom Flowers Crafts in Garden Room	10:30AM Walking Group and Coffee after 11:30AM Songs of Praise in Café 1:30PM Sunday "The Holiday" Movie on each floor