



# COVID-19 Safe Christmas Celebrations

## Advice for residents living in a Residential Aged Care Facility (RACF)

WA Health supports residents, families and individuals participating in a COVID-safe Christmas celebration. Always remember to:

- Keep 1.5 metres apart from residents you don't live with;
- Practise good hand hygiene and cover coughs/sneezes;
- Isolate and get tested immediately if unwell; and
- Maintain 2sqm rule when attending a celebration with family, friends or staff.

### COVID safe tips if you plan a celebration

#### WA Health recommends

- If residents have symptoms of COVID-19 over the Christmas break, they should isolate and get tested immediately.
- If residents are in quarantine in the facility, they cannot physically participate in the celebration. Please consider other ways for them to connect with staff, other residents and loved ones to support their wellbeing.
- Outdoor celebrations, this setting reduces risk of transmission of COVID-19.
  - a well-ventilated indoor space could be considered, being mindful of the 2sqm rule.
- Avoid any activity that requires queuing (consider using floor markers), or singing (this creates aerosols).
- Minimise shared implements (e.g. self-service buffet) or shared utensils or condiments
- Consider games and activities that involve use of a person's own equipment and enable residents to adhere to physical distancing. Games involving shared equipment should be avoided and 'Secret Santa' should be discouraged.

#### Hygiene considerations

- Ensure adequate hand washing and hand sanitising stations (adequate stocks of soap, hot water, paper towels, hand sanitiser).
- Display signage for hand hygiene.
- Regularly clean shared spaces (toilets and frequently touched surfaces).

#### Contact tracing

- Maintain a register to record attendees (residents and visitors) and staff.

**Last updated 12 November 2020**

**This document can be made available in alternative formats  
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