

THE RICHARDSON Round Up

SUMMER ISSUE

- UPCOMING EVENTS
- MEET OUR LIFESTYLE COORDINATOR
- THE RICHARDSON'S 1ST BIRTHDAY



THE RICHARDSON
EXCEPTIONAL AGED CARE

FROM THE GENERAL MANAGER

Welcome to our Summer Issue!

Level Six is now open and we warmly welcome our new residents making The Richardson their home.

We have been fortunate to see Aureen commence as our Lifestyle Co-ordinator. Aureen has extensive experience in the Aged Care sector and has already made solid relationships with residents, staff and family. In this issue's Lifestyle section and going forward, you're sure to see various activities introduced that not only reflect what you have asked for, but will also keep you active both mentally and physically.

Javier our Chef has also commenced. Javier comes with a wealth of experience not only as a Chef, but also within the Aged Care and Health environment. As Javier settles into his role as Chef you will no doubt experience a change in the dining experience.

Our feedback process is paramount to knowing what you need, think and feel about your home. Feedback can be provided via feedback forms, at various meetings (such as the Relative and Resident Meeting) or by asking for the Registered Nurses, Rama or myself.

As a result of frequent positive feedback, I am very pleased to announce the launch of our monthly Staff Reward program. Each month you are invited to nominate a staff member for 'Going the Extra Mile'. We have aptly titled the award G.E.M. This month, Lorna Ashbee is our GEM. Thank you Lorna for demonstrating exceptional aged care through your capabilities, consistency and compassion.

As we head into summer please remember to drink fluids regularly, wear sunblock and sun protection (hat, long sleeves etc.) if venturing outside.

Joseph Bender
General Manager
The Richardson

Coming Events

See what's happening in
December at The Richardson.

Learning About the Brain
Wednesday 4th December

B-B-Q lunch
Friday 6th December

Music Appreciation
Monday 9th December

Buggles Tot's
Monday 9th December

Rock Choir Tuesdays 10th
& 24th December

Gardening Groups Starts
Wednesday 11th December

**Resident's Christmas Party
with Santa & Entertainer**
Friday 13th December

Men's lunch
Monday 16th December

Christmas Church Service
Tuesday 17th December

Christmas Cake Making
Tuesday 17th December

Resident's Meeting
Thursday 19th December

Fish & Chips lunch
Friday 20th December

Ladies High Tea
Monday 23rd December

Poetry Corner
Monday 30th December

Introducing...

Meet the dedicated team at The Richardson

Aureen Miller Lifestyle Coordinator



I have been at the Richardson for just over a month, so most of you know me, or at the very least have met me.

I have been involved in the aged care industry for over twenty years. My journey began as a Physio Assistant where I was fortunate enough to be trained by some expert physios; working one on one with them to help residents maintain mobility and range of movement. Consequently, most of my exercise classes stem from the training I received during this time.

Throughout my career my employers have provided frequent learning opportunities allowing me to develop a varied skill set within the industry. For example, I have been trained by exceptional Occupational Therapists and a

Speech Pathologist, all of whom were generous in sharing their time and knowledge with me.

I love learning, so to be given such opportunities is one of the reasons I remain in this industry. The other being that I love what I do; I am never bored and there are never enough hours in the day. What drives me to do this work? It's soulful and purposeful, I am of service to others, I get to be creative every day and sometimes I make a difference. But, best of all, I spend my days with interesting, knowledgeable people who have lived, loved and experienced so much. Is this not the best job ever?



Lifestyle News

It's been a busy spring!

Aureen accompanied some of our ladies to their introduction to the children at **Kidz Galore Day Care Centre**. Everyone thoroughly enjoyed the morning; reading stories, building towers and developing connections. The catch-ups will now be a regular activity in our calendar.

November was a busy month at The Richardson starting with the renowned **Melbourne Cup**. This was a fun, lunch time event with finger food, a little wine, the obligatory Melbourne Cup Sweep and of course the Best Hat Award, which was won by Wendy Birman.

On the 11th we took time out to remember all who had fallen as a result of international conflict, allowing those remaining to live in freedom and peace. It was heart-warming to have our residents participate in our **Remembrance Day Service** and thank you to the Subiaco RSL for the 100 red poppies, symbolic of the sacrifices made.

Later in the week many of our residents enjoyed **Friday Fish and Chips** in The Richardson restaurant. There was much banter and laughter filtering through to the lobby and many compliments to our new chef, Javier, and his team.

This month we also had our first **Men's lunch** in the Café. The gentlemen, along with our General Manager, Joseph, enjoyed a thought-provoking discussion initiated by the Royal Commission



into Aged Care interim report. Feedback regarding the meal and lively conversation was extremely positive.

Eleven of our residents participated in a **Painting Workshop** with artist, Melissa Bassett. It was fascinating to see each seascape unfold in its own unique way.

We also had our first, **Armchair Travel**, to Italy. We reviewed the country's history, places of interest and cuisine, even sampling some delicious antipasto while doing our virtual tour. Hopefully, more of you will join us on our next journey in January.



PAINTING
WORKSHOP
22 NOVEMBER





THE RICHARDSON
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KIDZ GALORE
VISIT
25 OCTOBER



BEST HAT
WINNER,
WENDY!



MELBOURNE
CUP LUNCH
5 NOVEMBER



Lifestyle News



THE RICHARDSON 1ST BIRTHDAY 9 NOVEMBER

Happy Birthday to The Richardson!
Our residents, family, friends and staff
joined us to celebrate with high tea and
bubbles. All the delicious fare, including
our mouth-watering birthday cake was
lovingly prepared by Javier & Faith, our
talented new chef and gifted cook.
Thanks to everyone for making it such a
special day.





Maggie Evans

Margaret, known as Maggie to family and friends, was born in Bowral, New South Wales on 15th June 1936.

Maggie was an only child with a strong bond to her parents, Thomas and Evelyn Wilson.

One of Maggie's fondest childhood memories was spending summer holidays with her parents at a private Hotel in Manly each year. Maggie was always accompanied by her special friend and they were very joyful times.

Maggie began her working life as a Law Clerk In Moss Vale and eventually moved to Sydney where she continued her position with a solicitor in Martin Place.

Later, Maggie married Thomas Evans. They enjoyed a happy life during which they created a successful business. Observing their small company grow into a prosperous enterprise was one of her greatest achievements.

Maggie and Tom had two children, Joanne and Kim. Maggie continues to appreciate a close relationship with her children, like the one her own parents fostered with her.

After Tom's death, Kim joined the family business which allowed Maggie the freedom to pursue her love of travelling. Maggie still travels to the Eastern States regularly. She has only just returned from Berrima where she attended the 150th Anniversary of Berrima Public School. Maggie and two of her close school friends were invited to cut the anniversary cake. This was a very special occasion as Maggie's mother also attended this primary school when she was a young girl.

Despite the passing of many of Maggie's family and friends, she continues to enjoy a fruitful life with those close to her. This includes a number of ex-employees who play a significant role in Maggie's life, whether it be visiting her at The Richardson, or accompanying her to various appointments and social outings.

At The Richardson, Maggie is known for her bright and friendly personality.

Maggie was the first resident to move into The Richardson so it was considered only natural for her to cut the cake at The Richardson's first Birthday Party which was held on the 9th November.

UPDATE

The Queenslea

We are very pleased to announce that The Queenslea development is ahead of schedule and we plan to go to market with Senior Living and Aged Care apartments in Q1 2020. Here's a progress photo as of the end of October.



Need to Know

We have updated our labelling service and now offer 50 name labels which we will apply to your clothing for \$37.50 inclusive.

Please order at Concierge.

Media Coverage

If you picked up the West Australian Newspaper or Community News in the lead-up to Seniors Week you may have read the excellent coverage we received regarding our intergenerational programs and care philosophy. Watch this space.



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